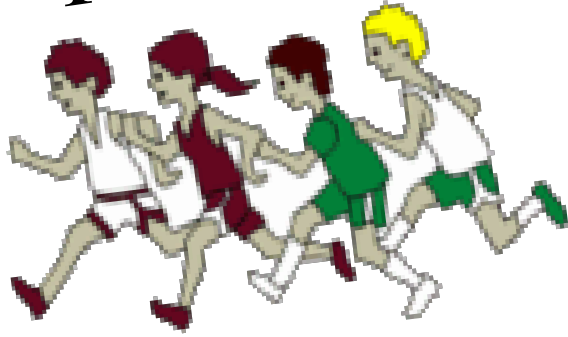




# Mountainside Police Athletic League

## "Cop Trot XIX" 5K RUN/WALK

"Tot Trot"



"Tot Trot"  
For ages 6 and  
under  
Race Starts:  
8:30am

**October 13, 2018**

Race Starts

**9:00 AM**

**Rain or Shine**

Registration AT DEERFIELD SCHOOL 8:00 am  
302 Central Ave., Mountainside, NJ

**Prizes and Medals!**

For a registration form to mail in, or  
to register and pay online, go to  
[www.mountainsidepal.com](http://www.mountainsidepal.com)